



Paris, 12 October 2015

## Press release

### **Inserm—a partner in World Arthritis Day: “Together Against Arthritis!”**

**On 12 October 2015, World Arthritis Day, a Research and Information Day, “Together against Arthritis” will be held at Espace Charenton, Paris, under the patronage of Mr François Hollande, President of France.**

Arthritis and musculoskeletal conditions affect 24% of the European population, and are the leading cause of disability after the age of 40. Research is therefore more than ever the major issue of the day. In many countries, this day will be an opportunity for researchers, patients and journalists to update their knowledge on the technological innovations and new scientific approaches that will enable better management of these conditions.

In Paris, in the 12<sup>th</sup> Arrondissement, Espace Charenton (from 8:30 am to 5:00 pm) will host researchers, who will present their latest work, and patients, for whom exchange and information sessions are planned. They will thus be able to learn directly from the source, from the researchers and rheumatologists present.

The highlight of the day, and open to all, will be the midday debate, “Comment réduire la mortalité et la morbidité des rhumatismes?” (How do we reduce illness and mortality from arthritis?), facilitated by Mathieu Vidard, a journalist with *France Inter* radio station.

Speakers for the day include:

**Bruno Bonaz**, Inserm Unit 836, “Grenoble Institute of Neuroscience (GIN),” will present a session on the potential use of vagus nerve stimulation, which has already proved effective in Crohn’s disease, in rheumatoid arthritis.

**Claudia Montero-Menei**, Inserm Unit 1066, “Bio-Inspired Micro- and Nanomedicines,” will present her research on microcarriers for repairing muscular and skeletal tissues.

**Pascal Richette**, Inserm Unit 1132, “Bone and Cartilage Biology: Regulation and Therapeutic Targeting,” will speak about gout and the metabolic diseases associated with it.

Finally, **Karine Louati** will answer the question, “Arthritis: why does it cause fatigue?”

To find out more, register for free and consult the programme, visit the website:

<http://ecr-2015.sciencesconf.org/>

This national event is supported by Inserm, AVIESAN (National Alliance for Life Sciences and Health), the French Society for Rheumatology, the Courtin Arthritis Foundation (the first private foundation dedicated to supporting arthritis research in France), SOFMER (French Physical Medicine and Rehabilitation Society), CRI (Rheumatism and Inflammation Club), GRIO (Osteoporosis Research and Information Group), and many patient associations.

Inserm's Associations, Research and Society mission contributed to organising this day

To develop dialogue and partnership between researchers and associations, Inserm has put in place a dual scheme which has operated since 2004: a think tank, the Patients' Association Liaison Group (GRAM), and an operational structure, the Associations, Research and Society mission.

To follow new programmes, such as training seminars, thematic discussion meetings, laboratory open days etc. or schemes to facilitate interaction between researchers and associations, consult the website:

<http://www.inserm.fr/associations-de-malades>

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